

# Service Points Checklist

Service points are awarded in three primary categories according to the following criteria:

## Service to the Medical Fitness Association

PV

1	Active Medical Fitness Association Member		<b>1 point for each year of active membership</b>
2	Complete full-term of service on a Medical Fitness Association Committee		<b>4 points per term of service</b>
3	Complete full-term of service on a Medical Fitness Association special project or task-force		<b>2 points per project or task-force</b>
	Special project and task force groups generally last less than one year and are appointed by the board or Medical Fitness Association staff office. Previous task force examples included: initial development of the Facility Standards and Guidelines; initial development of the Medical Fitness Institute; strategic focus groups, etc.		
4	Service on a Medical Fitness Association writing group		<b>2 points</b>
	Writing Groups include the preparation and editing of organizational White Papers, Position Papers, Participation in Job Task Analysis for Director Credential, Writing Exam Questions ( 1 point for each 10 questions written), Service on Editorial Committee, Exam Prep Committee, or Pass Point Committee.		
5	Served as a Regional Chairperson		<b>5 points per year of service</b>
6	Serve as State Captain		<b>4 points per year of service</b>
7	Serve as Faculty Member for the Medical Fitness Institute		<b>4 points per session</b>
8	Serve as a Medical Fitness Association Facility Certification Examiner		<b>Lead Examiner: 8 points per year; non-lead examiner: 4 points per year</b>
9	Achievement of a Medical Fitness Association Individual (not facility) Distinguished Service Award; Rising Star Award or other similar Medical Fitness Association individual recognition		<b>5 points per award</b>
10	Attendance at a Medical Fitness Association Annual Conference		<b>4 points per year</b>
11	Presentation at a Medical Fitness Association Annual Conference		<b>4 points per presentation</b>
12	Medical Fitness Association Webinar presentation		<b>4 points per presentation</b>
13	Conference Assistant Program (CAP) - program includes working for a minimum of 10 hours with MFA Staff during the Annual Conference		<b>1 point per year</b>
14	Attendance at a Medical Fitness Association Regional Conference		<b>2 points per meeting</b>
15	Present at Regional Conference		<b>2 points per presentation</b>
16	Host of a Regional Chapter meeting		<b>10 points designated to host site and distributed among hosting members at the discretion of meeting Chair</b>
17	Attendance at the Medical Fitness Institute		<b>2 points per year</b>
18	Host Medical Fitness Institute		<b>10 points designated to host site and distributed among hosting members at the discretion of meeting Chair</b>
19	Host One-Day State Networking Event		<b>5 points designated to host site and distributed among hosting members at the discretion of meeting Chair</b>
		<b>0</b>	<b>Must total at least 65</b>

## Service to the Integrated Medical Fitness Field

PV

1	Manuscript publication in a peer-reviewed journal		<b>2 points per published paper, not to exceed 10 points</b>
2	Publish an article (first author) related to the Medical Fitness Industry in a lay publication of national or international scope		<b>1 point per article, not to exceed 5 points</b>
3	Write a chapter (first author) on a topic area related to Medicine/Medical Fitness in a published book		<b>1 point per chapter, not to exceed 10 points</b>
4	Serve as a reviewer for a peer reviewed journal or book focused on topics related to Medical Fitness/Exercise Science/Medicine		<b>1 point per year, not to exceed 5 points</b>
5	Serve on a board, committee, and task force of an organization (not Medical Fitness Association) whose mission/focus is related to the Medical Fitness Industry		<b>1 point per year, not to exceed 5 points</b>
6	Hold an accredited certification		<b>2 points per current certification</b>
7	Obtain a Master Degree in a field related to Exercise Science, Health Promotion, Medicine, Public Health, Healthcare Administration (MHA or MBA)		<b>5 points</b>
8	Obtain a terminal Degree (Ph.D., MD, DO, etc.) in a field related to Exercise Science, Health Promotion, Medicine		<b>10 points</b>

9	Earn the Medical Fitness Association Fitness Facility or Medical Fitness Facility Director Certification		<b>2 points per certification</b>
		0	<b>Must have at least 1 point</b>
<b>Community Service related to the Medical Fitness Industry/Field.</b>		PV	
1	Presented a lay lecture on a topic related to Medical Fitness		<b>1 point per lecture, not to exceed 5 points</b>
2	Publish an article in a local publication related to Medical Fitness		<b>1 point per article, not to exceed 5 points</b>
3	Leadership role in a local service organization (Rotary, Lions Club, etc.)		<b>1 point per year up to 2 points</b>
4	Leadership role in a local campaign (United Way, Hospice, etc.)		<b>1 point per year up to 2 points</b>
5	Other Community Service (Must be approved by MFA office)		<b>1 point per approved activity – maximum 2 points</b>
		0	
<b>Grand Total Points</b>		0	<b>Must total 100</b>