

# Service Points Checklist for MFA Fellowship

Service points are awarded in three primary categories according to the following criteria:

Service to the Medical Fitness Association		PV
1	Active Medical Fitness Association Member	1 point for each year of active membership
2	Complete full-term of service (2 years) on a Medical Fitness Association Committee	4 points per term of service
3	Complete full-term of service (1 year) as Chair of a Medical Fitness Association Committee	4 points per term of service
4	Complete full-term of service on a Medical Fitness Association Special Project or Task Force	2 points per project or task-force
	<b>Description:</b> Special project and task force groups generally last less than one year and are appointed by the board or Medical Fitness Association staff office. Previous task force examples included: initial development of the Facility Standards and Guidelines; initial development of the Medical Fitness Institute; strategic focus groups, etc.	
5	Service on a Medical Fitness Association Writing Group	2 points
	<b>Description:</b> Writing Groups include the preparation and editing of organizational White Papers, Position Papers, Participation in Job Task Analysis for Director Credential, Writing Exam Questions (1 point for each 10 questions written), Service on Editorial Committee, Exam Prep Committee, or Pass Point Committee.	
6	Serve as a Regional Chairperson (one year Term)	5 points per year of service
7	Serve as State Captain (2 year Term)	4 points per term of service
8	Serve as Faculty Member for the Medical Fitness Institute	4 points per session
9	Serve as a Medical Fitness Association Facility Certification Examiner	Lead Examiner: 8 points per year; non-lead examiner: 4 points per year
10	Achievement of a Medical Fitness Association Individual (not facility) Distinguished Service Award; Rising Star Award or other similar Medical Fitness Association individual recognition	5 points per award
11	Attendance at a Medical Fitness Association Annual Conference	4 points per year
12	Presentation at a Medical Fitness Association Annual Conference	4 points per presentation
13	Medical Fitness Association Webinar Presentation	4 points per presentation
14	Conference Assistant Program (CAP) - program includes working for a minimum of 10 hours with MFA Staff during the Annual Conference	1 point per year
15	Attendance at a Medical Fitness Association Regional Conference	2 points per meeting
16	Present at Regional Conference	2 points per presentation
17	Host of a Regional Chapter meeting	10 points designated to host site and distributed among hosting members at the discretion of meeting Chair
18	Attendance at the Medical Fitness Institute	2 points per year
19	Host Medical Fitness Institute	10 points designated to host site and distributed among hosting members at the discretion of meeting Chair
20	Host One-Day State Networking Event	5 points designated to host site and distributed among hosting members at the discretion of meeting Chair
		0 <b>Must total at least 65</b>

**Service to the Integrated Medical Fitness Field**

PV

1	Manuscript publication in a peer-reviewed journal		<b>2 points per published paper, not to exceed 10 points</b>
2	Publish an article (first author) related to the Medical Fitness Industry in a lay publication of national or international scope		<b>1 point per article, not to exceed 5 points</b>
3	Write a chapter (first author) on a topic area related to Medicine/Medical Fitness in a published book		<b>1 point per chapter, not to exceed 10 points</b>
4	Serve as a reviewer for a peer reviewed journal or book focused on topics related to Medical Fitness/Exercise Science/Medicine		<b>1 point per year, not to exceed 5 points</b>
5	Serve on a board, committee, and task force of an organization (not Medical Fitness Association) whose mission/focus is related to the Medical Fitness Industry		<b>1 point per year, not to exceed 5 points</b>
6	Hold an accredited certification		<b>2 points per current certification</b>
7	Obtain a Master Degree in a field related to Exercise Science, Health Promotion, Medicine, Public Health, Healthcare Administration (MHA or MBA)		<b>5 points</b>
8	Obtain a terminal Degree (Ph.D., MD, DO, etc.) in a field related to Exercise Science, Health Promotion, Medicine		<b>10 points</b>
9	Achieve Medical Fitness Association Facility Certification		<b>10 Points designated to host site and distributed among hosting members at the discretion of the Director</b>
10	Earn the Medical Fitness Association Fitness Facility or Medical Fitness Facility Director Certification		<b>2 points per certification</b>
		<b>0</b>	<b>Must have at least 1 point</b>

**Community Service related to the Medical Fitness Industry/Field.**

PV

1	Presented a lay lecture on a topic related to Medical Fitness		<b>1 point per lecture, not to exceed 5 points</b>
2	Publish an article in a local publication related to Medical Fitness		<b>1 point per article, not to exceed 5 points</b>
3	Leadership role in a local service organization (Rotary, Lions Club, etc.)		<b>1 point per year up to 2 points</b>
4	Leadership role in a local campaign (United Way, Hospice, etc.)		<b>1 point per year up to 2 points</b>
5	Other Community Service (Must be approved by MFA office)		<b>1 point per approved activity – maximum 2 points</b>
		<b>0</b>	

**Grand Total Points:** **0** *Must total 100*